

# **NATIONAL WEB CONFERENCE ON PARASURGICAL PROCEDURES NEW HORIZONS**

**"SCIENTIFIC PROCEEDINGS"**

**(Abstract Book)**

**23<sup>rd</sup> and 24<sup>th</sup> November 2020**



SMBT Sevabhavi Trust's

# **SMBT AYURVED COLLEGE, HOSPITAL & PG RESEARCH INSTITUTE**

Nandi Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik-422403

## **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

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### **WELCOME MESSAGE**

Good Morning to you all.

SMBT Educational Trust was established in the year of 1984 with a vision to provide higher technical /medical education and quality health care services to help ailing people in need through its multi -specialized charitable hospital. Our goal is to make SMBT the most respected and trusted group of Institutions in the field of health care, education, health care training and health care delivery.

SMBT trust has been growing since day one. It has developed and worked on strategic plans and methods to educate students and provide cost effective medical care to ailing.

With that being said, today, SMBT has successfully branched out and established more number of schools, institutions & Hospitals.

As we may know, Nashik is really known for its nature and healthy weather. We are surrounded by the Sahyadri Mountains that provide us Natural Ayurveda Herbal Medicinal Plants. Because we are in the natures lab, we started the Ayurveda Institute in the year 2007.

Here we offer UG courses (BAMS) &36 seats for PG and Our Experts have treated more than One Lacs pts.The trust has established 250 bedded Ayurveda Hospitals.

Our Ayurveda College Is Guided By principal Dr Pradeep Bhabad Sir. We also provide food & hostel facilities for students that are on par with the quality standards required.

On Behalf of My institute, I would like to Invite You All To Visit My College Campus and experience the learning and service that is provided to our people.

**- SMBT Educational Trust**



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### **INTRODUCTION**

How do you define rediscovering lives? Well, we define it by enriching the lives of people around us so that 'one life can save million lives'. SMBT Ayurved College & Hospital was established in 2007 with a vision to surpass the conventional approach to medical science while amalgamating the wisdom of traditional medicine with the methodologies of modern medicine to improve today's lifestyles.

SMBT Ayurved College & Hospital has been affiliated to Maharashtra University of Health Sciences, Nashik. Recognized by Central Council of Indian Medicine, Dept. of AYUSH, New Delhi. The College & Hospital is dedicated towards empowering medical education & research which will affect thousands of lives by promoting good health & services. The institute takes immense pleasure in initiating social work with a sense of social responsibility which is reflected in their initiative taken by the institute to start a Tribal school. SMBT's quest to reach the zenith earned them respect & dignity in a very short span of time.

### **Vision**

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To make SMBT Ayurved College & Hospital, the most trusted and respected institute in the field of Ayurved education and health care training and delivery in Ayurveda.

### **Mission**

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1. To educate and train our students to provide "fit for purpose" quality health care service to the society they will serve and, in the process, become the most trusted and respected members of the society.
2. To make our patients aware about their overall health and deploy all the measures of timely prevention, intervention and timely delivery of quality health care in the most efficient and effective manner.
3. To address "Learning and Growth" aspiration of our employees and also, address the education & health care needs of the society in general.

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**PATRON'S DESK**

Dear Participants,  
Season's greetings....



I Dr. Pradeep R. Bhabad, Principal of this esteemed institute of Ayurved Medical Education extend a very warm welcome to all of you and pay best wishes for the future. As all of you know Ayurveda is the ancient science of medicine, not only dealing with drugs and diseases but also it's a science of life.

Our college started in August -2007 remote tribal area having 60 intake capacity for undergraduate course and added PG courses in 2015 having 36 intake capacity in 6 speciality subjects. College is attached with 244 bedded fully equipped Ayurved hospital with all speciality services and exclusive panchakarma unit.

Now a days, Ayurveda, the unique life care system is accepted worldwide as an alternative and effective medical science. So I take this golden opportunity to appeal students and all the stake holders to look towards Ayurveda as perfect holistic system of medicine as career and also to work in the field of life style management which is truly needed in today's Era.

We are ISO -9001:2015 Certified institute and in the process to achieve NABH and NACC accreditations very soon.

I wish Best luck for the conference. I believe the participants will get more knowledge and the upcoming new generation will be inspired by the thoughts of our brilliant speakers

I congratulate to my Shalyatantra Department for making this event so special. I must be thankful and extend my gratitude towards the Trustees and management of our SMBT Sevabhavi trust for their unconditional support, and opportunity given me to lead such a prime institute.

Regards,  
Thanking you,

**Dr. Bhabad Pradeep Ramrao**  
**Principal**

**SMBT Ayurved College, Hospital & P G Research Institute.**  
**Nandi Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.**

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**ORGANIZING COMMITTEE**



**DR. PRADEEP BHABAD  
PRINCIPAL**



**DR. SHILPA BADHE  
HOD, Professor  
Dept. Of Shalyatantra**



**DR. VINAYA WAGH  
Asso. Professor  
Dept. Of Shalyatantra**



**DR. SMITA KANAWADE  
Asst. Professor  
Dept. Of Shalyatantra**





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#### **PRESIDENTIAL DESK**

I congratulate you and your institute for organizing webinar on parasurgical majors. It include ksharkarm agni karm and rakt mokchhan mainly. All these procedures has been proved very effective in treating many surgico medical conditions, as has been documented by various worker's from different corners of India .Management of fistula in ano by kshar suttra is accepted by modern surgeons also. leech application has been also found very effective to treat many inflammatory, allergic, thrombotic and many more conditions. Agnikarma also play significant role to treat many painful conditions. This webinar will certainly be useful to all students teachers and academics. I wish all the success.

**- Dr. S.C. Varshaney**

Prof. Emiritus in DMJMS Sawagi  
Wardha, Maharashtra



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### **CHIEF GUEST**

Firstly Congratulations to Shalyatanta department of SMBT Ayurved College for arranging such a informative and web-conference.

Ayurveda is a great ancient science. There are many Surgical and parasurgical procedures are mentioned ancient ayurvedic texts which are applicable today by making few modifications according to new era. One such parasurgical procedure is Raktamokshan, (bloodletting). Maharshi sushruta-father of Indian surgery Considered rakta as fourth dosha, as it is responsible for Nourishment of body and our efforts should be towards maintaining its health. Raktaj and pittaj diseases that can't be cured by medications are treated by bloodletting Leech therapy, bloodletting through veins, cupping therapy which are gaining name today are all described today as subtype of Raktamokshan in Ayurveda. In present webinar we are going to enlighten the scientific practice of these procedures by Acharyas as well as modern technologic advances applied for their use.

I again congratulate and give best wishes to SMBT-Shalyatantra dept. team for carrying forward this message Of ayurvedic parasurgical practice to future ayurved Practitioners. Thank you.

**- Dr Qadri Mahfuzullah**  
Prof. & HOD Shalyatantra  
Govt. Ayurvedic College, Nanded



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**SCIENTIFIC PROGRAM SCHEDULE**

Sr.No.	Time	Activity
<b>First Day</b>		
1	10.00 am to 10.15 am	Opening Ceremony
2	10.20 am to 10.40 am	Dhanwantari Stavan
3	10.45 am to 11.00 am	Patron Message
4	11.05 am to 11.10 am	Welcome to President, Chief Guest, Speakers and all Participants
5	11.10 am to 11.15 am	Introduction of Department of Shalyatantra
6	11.20 am to 11.40 am	Introduction of Chief Guest-- Dr Quadri sir and Request to express his valuable opinion
7	11.45 am to 12.05 pm	Introduction of President--Dr S. C. Varshaney sir and Request to express his valuable opinion
8	12.10 pm to 12.55 pm	Introduction of Dr Y. G. Solanki and Request to deliver his speech
9	01.00 pm to 01.15 pm	President opinion towards speech
10	01.30 pm	Concluding first day ,
<b>Second Day</b>		
1	10 am to 10.15 am	Welcome and starting the second day sessions
2	10.20 am to 11.05 am	Introduction of Dr M.D Samudri sir and Request to deliver his speech
3	11.10 am to 11.55 am	Introduction of Dr S.P.Badole madam and Request to deliver her speech
4	12.05 pm to 12.10 pm	Declaration of Best Papers
5	12.10 pm to 12.20 pm	Vote of Thanks



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### **SPEAKER'S ABSTRACT – 1**

First of all I congratulate smbt shalyatantra department team for such a topic which is out of the box! Much more ways of treatment are hidden in these Raktmokshana procedures which are scientific.

Apart from Agnikarma Raktamokshana and Ksharkarma, there are many par surgical procedures which are mentioned in Sushrutsamhita and I m going to highlight and touch upon it. General surgeons face various difficulties in clinical practice treating non healing wounds,chronic inflammation and pain management. Despite trying various modalities and combinations of medicine we face lots of hindrances in this area,the answer lies in Sushrutsamhita- Ancient Indian surgical text book written by legendary Acharya "Sushrut". There are many parasurgical procedures which we are going to enlighten In this webinar. In sushrut samhita he describes 60 therapeutic guidelines-Shashti upakramas.In shashti upakramas Ksharkarma and ksharsutra is also mentioned .Also In the area of pain management apart from Agnikarma and viddhakarma I m going to talk about Marma vigyan. So my message is that for the ayurveda students is that our ayurveda has valuable hidden knowledge and we together have to rediscover it.

**- Dr Y.G. Solanki**  
Prof. Dept. Of Shalyatantra  
R. A Podar Medical College  
Worli, Mumbai-18



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### **SPEAKER'S ABSTRACT – 2**

Good morning and warm welcome to all...

I personally congratulate to SMBT Ayurved College and Shalyatantra department for arranging so important and useful topic for National conference.

I wish all the best from my heart.

Ksharkarma Agnikarma and jalaukavcharan are the outstanding contribution Of Acharya sushruta.a surgical disease managed without parasurgery by adopting These procedures practiced and successful results in some of surgical ailments brought Superspeciality recognition to ayurveda. Chronic tonsilitis is commonest disease of pharynx which affects children. Disease become chronic Due to recurrent infection and Improper and inadequate use of antibiotics .Then disease indicated for surgery.Ksharkarma in tundikeri gave successful results and new dimensions to the field of ayurveda.

**- Dr. M. D. Samudri.**

HOD & Professor, Dept. of Shalyatantra  
D. G.M. Ayurvedic Medical College & Hospital  
Gadag, Karnataka

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**SPEAKER'S ABSTRACT – 3**

Scope Of Agnikarma In Current Practice and its review from Sushruta Samhita  
Dr.Shubhangi P. Badole  
Asso.Professor ,Shalyatantra  
PhD Scholar  
Dr.G.D.Pol Foundation YMT AMC Kharghar, Navi Mumbai  
Email: spbadole20@gmail.com

In 21st century due to fast lifestyle changes, improper postures of body, heavy uses of modern gadgets, the rate of musculoskeletal diseases is increasing and Agnikarma and Siravedha are good answer for related conditions like Sciatica, Knee O.A., Pain due to spinal disorders, Para spinal Muscle Spasm, Frozen Shoulder, Plantar fasciitis, Tennis elbow etc.

Acharya Sushruta, the father of Surgery has described eight types of surgical techniques, along with parasurgical and minimal invasive surgical procedures. For instant pain relief of any localized pathology regional therapy is the first choice of treatment. In Sushruta Samhita in Vyatavyadhi Chikitsa Author categorized the treatment of painful conditions according to the structure involved in pathology and grouped in two protocols one with Raktamokshna and other with Agnikarma in combination with other local treatment. Agnikarma Instruments are categorized according to heat required and made from Metals like Iron, Gold, Silver, organic materials like Piper longum, and are selected as per tissue involvement and disease to be treated.

The role of Agnikarma is also important in radical excision of some surgical lesions like Acrochordom, warts, Sinus tract etc .Heat source required for procedure can differ as per temperature required for procedure, so is the Modern gadgets are developed one of most recent is Laser therapy.

Researcher like Late Dr R.B.Gogate, Dr.P.D.Gupta had started work on this and Literature and instrument developed by them are really useful. We should be grateful to them and should contribute more research in its development and global acceptance.



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#### **Beauty Of Agnikarma**

- Instant pain relief
- Instant muscle spasm relief
- As it is local treatment no systemic changes observed
- Non recurrence of diseases
- Haemostatic
- Patient requires less analgesics so there are less systemic complication
- OPD procedure
- No specific investment
- Cost effective for patients

Our Shalyatantra department of Dr G.D.Pol Foundation has been working on local pain management modalities like Agnikarma and successfully treated number of cases and assessing the results in scientific way and doing research work for it. In this Web conference 'Para Surgical Procedures New Horizon' it is sincere effort to share experience of pain management and other aspects of Agnikarma.

**- Dr S.P.Badole**

Asso. Prof.Dr G.D.Pol Foundation's  
YMT Ayurved Medical College & Hospital  
Kharghar, New Mumbai

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Sr.No-01

Author:- Vd Farzana Akbar Ansari

PG scholar SSAM, Nashik)

Co-Author:- Vd Aparna Raut

(Guide and HOD Shalya Tantra, SSAM Nashik)

**TOPIC: SCOPE OF AGNIKARMA IN CURRENT PRACTICE**

**ABSTRACT:-**

Acharya Sushruta, Father of Surgery has described various surgical procedures along with some parasurgical measures. Agnikarma is one of the parasurgical modality mentioned in Ayurveda lauded for its magnificent results. Agnikarma= agni+ karma, means application of heat directly or indirectly at the affected part by different materials. It has been given a special place in surgery by Acharya Sushruta and is believed that diseases treated by agnikarma never reoccurs, while diseases which don't get relieved by other measures are relieved with agnikarma. Modern cauterization procedure has its basic origin from agnikarma. In this fast lifestyle, patients need instant relief for pain. Agnikarma is one of the fast procedure to reduce different vedana i.e pain. Along with this, it is one of the best ways for hemostasis. Apart from this Acharya Sushruta has mentioned different variations of agnikarma using different dravya which needs to be evaluated as they not only give immediate result but also do not have any side-effects. This paper deals with details of various aspects of agnikarma, their applications according to different disease and dravya along with different techniques. Sushrutsamhita and its commentaries are the main source of this paper.

**KEYWORDS:-** Agnikarma, Cauterization, Pain, Hemostasis.



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## **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr.No-02

Name of Student: Dr. Priyanka Vijay Jamdar

Degree: MS (Obstetrics and Gynaecology) PG Scholar

College: Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik.

### **TOPIC: KSHAR KARMA OF AYURVEDA IN GYNAECOLOGY**

#### **ABSTRACT:**

Kshar Karma is one of the best para-surgical procedures described in Ayurveda. Acharya Sushruta described it in detail in Sutra Sthana declaring it best among the surgical and para-surgical instruments due to its chhedya (excisive), bhedya (incisive), lekhyas (scrapping) and other medicinal properties. Owing to these, it is thus, widely used in wound healing, fistulae, haemorrhoids and anorectal diseases, to name a few. However, Kshar Karma has a wide range of diseases, forms and variety in which it can be used in different modalities. It is time to extend the horizons of Kshar Karma in other avenues as well. It is tridoshaghna and can be used orally in various diseases. In Gynaecology, Kshar Karma has been with limited use. There are, however, a few researches of Kshar application on cervical erosion available. This paper therefore, explores the scope and rationale of Kshar Karma in Gynaecology including cervical erosion and tubal blockage. It can provide with a cost- efficient and time saving mode of treatment with least adverse effects.

**KEYWORDS:** Kshar Karma, Gynaecology, cervical erosion, tubal blockage.



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Sr.No-03

Name: Dr. Akshata Gajanan Gaikwad

Designation: 2nd year PG in shalyatantra

Name of institute: Ayurved seva sangha Ayurved mahavidyalaya, Nasik.

**TOPIC: SCOPE OF RAKTAMOKSHAN IN CURRENT PRACTICES**

**ABSTRACT:**

There are various surgical and parasurgical procedures (Anushastra karmas) described in Ayurvedic compendiums. They are widely used since ancient times and today also they are applicable by making few technological modifications. The concept of tridoshas is very well-known in Ayurveda but according to Acharya Sushruta rakta is the fourth dosha because normal condition of life is maintained by it. Doshadhatuasrayashrayibhava given by Acharya Vagbhata says pitta resides as a ashrayi in rakta. In condition where pitta is vitiated it also vitiates rakta. Rakta and pitta shaman Chikitsa is also described by Acharya Charak. In case where shaman chikitsa does not work further management is done by shodhan chikitsa. Raktamokshana is most effective shodhan therapy used for management of raktaj and pittaja pradoshaj vyadhis. Acharya shushruta mentioned six shodhana karma's among which raktamokshana is a unique parasurgical procedure indicated in various blood impurity related diseases. Various ancient methods of bloodletting are through siravedha, by use of shringa, alabu, ghati and jalauka. apart from these classic methods techniques used now a days are venesection and cupping. Common conditions treatable through this therapy are skin disorders like allergic dermatitis, eczema and other conditions like sciatica, abscess, various inflammations etc. Research work is going on use of raktamokshan in conditions like tumors, filariasis gouty arthritis etc.

**KEYWORDS:** parasurgical procedures, raktamaokshana, jalauka, siravedha, research work.



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## **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr.No.04

DR ARCHANA KUKADE (MS)

Associate Professor

Shalyatantra Department

Dr D Y Patil College of Ayurved and Research Centre

Pimpri Pune

### **Importance of Parasurgical Procedures in Ayurveda**

**ABSTRACT**--Shalya Tantra is one of the prime arm of Ayurveda which deals , manage and

heals various diseases by surgical and parasurgical techniques. Sushruta – The father of surgery has scientifically classified it in a systemic manner whose wealth of clinical material and the principles of management are valid even today. Parasurgical techniques means surgical procedure performed by non surgical items or instruments in absence of surgical instruments. Acharya Sushruta described different Parasurgical techniques which is also known as Anushastra karma like Kshara karma, Kshara Sutra, Agnikarma, Siravyadaha, Jalukavacharana (leech Therapy) etc for different disease condition like fissure, fistula, piles pilinoidal sinus, non healing wounds etc. Practices through various parasurgical techniques is upcoming boom in the field of Ayurveda



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Sr.No.05

NAME: - VAIDYA KHAN ASMA KHATOON MUMTAZ ALI

DEPARTMENT: - PG SCHOLAR (PANCHAKARMA)

COLLEGE:-C.S.M.S.S AYURVED MAHAVIDYALAYA KANCHANWADI, A'BAD.

**SCOPE OF RAKTAMOKSHANA IN CURRENT PRACTICES**

**ABSTRACT:**

1) BACKGROUND- Raktamokshana is one of the principle shodhana therapies in Ayurveda. It has been practiced in the various clinical setting depending on the training and exposures of the Ayurvedic Physician. With renewed interest in the Para surgical procedures in the recent times Raktamokshana is indicated in therapy of choice in many diseases. Raktamokshana is mainly indicated in Rakta and Pitta related vyadhi. The scope of this therapy further extended to the diseases, formally being refractory to conventional Sheeta-Ushna-Snigdha-Ruksha kind of treatment. Acharyas refer Raktamokshana in Jwara, Gulma, Kushta, Unmada, Udara, Swayathu, Visarpa, Grahani, Visha Vatarakta, yoniyapad. In day to day practices Raktamokshana can be practiced in Musculoskeleton disorder like vatarakta, Gridhrasi, sandhishoola, Skin disorders alopecia, Eczema, Herpes zooster. Also in circulatory care i.e; DVT, varicose vein, Ulcer and anorectal diseases Hemorrhoids, Siraj granthi also in Netragatvikara Physician having scope for this parasurgical procedure.

2) CONCLUSION-. We need to evaluate methodically many aspects of Raktamokshana with proper bio markers, as the scattered research evidences express the positive results. Ayurvedic Physician should need to look forward for the new instrumentation based on traditional practices.

**KEYWORDS-** Raktamokshana, parasurgical procedure, Shodhana





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Nandi Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik-422403

### **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

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#### **THE IMPORTANCE OF AGNIKARMA IN CURRENT AYURVED SURGICAL PRACTICE**

**ABSTRACT-** Ayurveda is spine of health life and most ancient science of human civilization. Sushrutsamhita is most important literature of Ayurvedic surgery. Acharya Sushruta has dedicated a full chapter on Agnikarma based on principle of Ayurveda. In sushrut samhita various parasurgical procedure has been explained on different disease. Agnikarma ensure complete cure of disease to avoid its recurrence. Agni by itself ushna, sneha gunas pacifies vata and kapha and mechanically burns the unwanted tissue, if done directly by lohashalaka. In the present study a humble attempt has been made to evaluate the pathophysiology, mode of action of Agnikarma and its importance in today's Ayurvedic surgical practice. This study concludes that Agnikarma is a very effective, easy and simple procedure that can be done on OPD basis

Keywords: Agnikarma, parasurgical procedure, dagdha.



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**SCOPE OF AGNIKARMA IN CURRENT PRACTICES**

**ABSTRACT-**

Ayurveda is the most ancient science of human civilization. Acharya Sushruta who is worshipped as the 'Father of surgery' has described various modalities relating to both Surgical and parasurgical procedures. Agnikarma or thermal cauterization is one among the Anushastras (substitute of surgical instrument) or para-surgical technique mentioned in Ayurveda. Agnikarma as defined by Sushruta is one of treatment, which is with the help of particular shalaka the Agni is transferred into the tissue.

Agnikarma is stated as more important than caustic alkali because of non-recurrence of diseases burnt there with and its success in diseases incurable by drugs, instrument and caustic alkali. Agni having usna, Tikshna, Sukshma and Ashukari properties pacify vitiated vata and kapha dosha bringing them to their normal function. Sushruta says the pain aggravated by vata in twak, mamsa, sira, snayu, sandhi and asthi. Chronic wound having some hard elevated tissue. Cystic lesion, haemorrhoids, tumour, fistula, sinus lymphadenopathy, filarial, skin tag, hernia, joints disorders, to stop bleeding from cut vessels. In current practises we are using Agnikarma for all the said purposes but most frequently for analgesic properties.

Keywords: Agnikarma, Parasurgical procedure, non-recurrence, analgesic



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Subject - Review of Anushastra Karmas in ShalyaTantra

**ABSTRACT--** Ancient surgical science was known as Shalya – Tantra. ShalyaTantra is branches of Ayurveda that deals with surgical and parasurgical techniques for the management of various diseases. ShalyaTantra involves uses of various techniques or Karma to facilitate surgical or parasurgical interventions and Anushastra Karma is one of them. Anushastra Karma means uses of non-surgical instruments to perform surgical procedure. Agnikarma, Kshara Sutra, Jalukavacharana and Siravyadaha, etc. are some approaches of Anushastra Karma which mainly employed for the management of pathological conditions like; Arsha, fistula, fissure and pilinoidal sinus, etc. The Anushastra Karma play vital role in surgical interventions, therefore in this Paper presentation the various aspects related to the Anushastra Karma presented.

**Keywords:** Ayurveda, ShalyaTantra, Anushastra Karma, Agnikarma, Kshara Sutra.

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**A Therotical Review of Agnikarma in Shalyatantra**

**Abstract**

'Ayurveda' the science of life is time tested science. It's all principles are universally applicable to each individual to have a long healthy life. Ayurveda evolved into eight branches. The originality of Shalyatantra is invasive and less invasive methods of intervention. Sushrutacharya has described various surgical methods which include the use of Yantra, Shastra, Kshara, Agni & has considered Raktamokshana as the method of Shodhana. Agnikarma has been given special place in surgery by Sushruta and it is believed that disease treated by Agnikarma never reoccurs. Agnikarma is considered as superior among anushastra karma and its mainly indicated in Ruja pradhana, vata and kaphaja vyadhi. In sushruta samhita Agnikarma procedure various dahanopakarma are mentioned they are Pippali, Ajashakruth, Godanta, Shara, Jambastha, Guda, Sneha. In current practice commonly used Agnikarma instrument are Pancha Dhatu shalaka, needle are used for transferring the heat and different cautery probe of Thermal cautery machine. Acharya Sushruta advised sixty procedures for the management of wound healing, agnikarma is one of them. Acharya Charaka specially advocated the role of agnikarma in the management of chronic wounds. Sushruta Samhita and its commentaries are the main source of this review paper.

**Keywords-**Agnikarma, Sushruta samhita, Par surgical procedure



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**EFFECT OF AGNIKARMA IN THE MANAGEMENT OF GARBHASHAYA  
GRIVAMUKHAGATA VRANA W.S.R. TO CERVICAL EROSION**

**Abstract**

The woman is said to be three times more responsible than the male in the procreation. Apart from attending natural processes of menstruation, pregnancy, one of the most inconvenient diseases in woman is Garbhashaya Griva mukhagata Vrana (cervical erosion). Cervical erosion is a common gynaecological disorder which is sometimes much troublesome due its chronicity and nature of recurrence. It affects the whole efficacy of woman which may lead up to infertility. Most commonly used treatment for cervical erosion is cauterization and cryosurgery which have their own side effects like secondary infertility, per vaginal bleeding, stenosis etc. In Ayurveda, Agni karma has been described by Acharya Sushruta in Sutra Sthana while describing the treatment of Vrana. Garbhashaya Grivamukhagata Vrana is Twak-Mansagata Vrana. Hence, it is a clear-cut indication for Agni karma. To evaluate the utility and therapeutic effect of Agni karma in Garbhashaya Grivamukhagata Vrana. In Present study we tried to collect all the available literature mentioned in ancient Ayurvedic classics backed with recent research evidences

**Keywords:** Garbhashya Grivamukhagata Vrana, Cervical erosion, Cauterization, Agni karma



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#### **AYURVEDIC PARASURGICAL PROCEDURES IN FEMALE REPRODUCTIVE DISEASES**

##### **ABSTRACT :-**

Anushastra Karma or parasurgical procedures means surgical procedure performed by non – surgical items or in absence of surgical instruments. Acharya Sushruta has described 60 Upakrama, 25 Upayantra and 14 Anushastra for the management of wound in various conditions. Shasti Upakrama includes Kshara Karma, Agni Karma, and Uttar Basti etc. Kshara has given ultimate importance and it is included under Shasthi Upakrama, Upayantra and Anushastra, whereas Agnikarma is under Upayantra and Anushastra. Uttar basti is included under Shasthi Upakrama and Anushastra. Uttar Basti is included under Shasti Upakrama and Anushatra. Regarding Stri Roga, Yoni Pichu, Yoni Prakshalanam, Kshara Karma, Uttar Basti Karma, are quite popular due to its finest results and no adverse effect if followed properly. These parasurgical procedures are simple and no sophisticated instruments, devices, anaesthesia and analgesia is required. Ayurvedic Parasurgical procedures have great role to fight against the chronic infectious and non-infectious disease of female genital tract. Many researches have proved their significant importance in infertility and atypical cell cervical ulcer and to the other ailments of female reproductive tract.



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**TOPIC - APPLIED ASPECT OF ASHTAVIDHA SHASTRAKARMA IN CURRENT PRACTICE**

**ABSTRACT-**

Ayurveda is the science of healthy living encompasses various branches related to different therapeutic aspect; Shalya tantra is one of them which involves clinical, surgical and parasurgical interventions. Shalya tantra deals with different surgical approaches for the management of various diseases such as Sadhyo Vrana, Chhidrodar, Baddhgudodar, Arsh, Bhagandar, Charmakeela, Kadar, Mutrashmari, Vidradhi etc. Ashtavidha Shastra Karma mentioned by Acharya Sushrut in Sutrasthana adhya 25, has a great utility in surgical and parasurgical processes. Ashthavidha shastra Karma comprises Chhedana, Bhedana, Lekhana, Vedhana, Eshana, Aaharana, Visravan and Sevan. Today's surgicals and parasurgical techniques like excision, incision, scraping, puncturing, probing, extraction, draining and suturing have been developed based on Ashthavidha Shastra Karma. This article summarizes applied aspect of Ashtavidha Shastra Karma in current surgical practice.

**Keywords:** Ashtavidha Shastra Karama, Shalya tantra, Surgical

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**Importance of Para-surgical procedures in Ayurveda.**

**Abstract:**

Acharya Sushruta, the father of surgery has scientifically classified surgical and Para surgical procedures it in a systemic manner in Sushrutsamhita. Shalya Tantra is one of the imperative branches of Ayurveda which deals the study of various surgical and parasurgical techniques. These procedures include Agnikarma, jalaukavacharan, Siravyadaha which has specific therapeutic efficacy and has described for management of various diseases like fissure, fistula, piles, non-healing wounds etc. Acharya Sushruta described fifteen different Anushastra karma which includes Kshara karma, Kshara Sutra, Agnikarma, Siravyadha, Jalukavacharana (leech Therapy) etc. Anushastra karma described in Ayurveda apart from Ashtavida surgical procedures which indicates that a surgical procedure performed in absence of surgical instruments by non-surgical items or instruments. There are some other procedures like yoni pichu, yoni prakshalanam, kshar karma, uttar basti karma these are certain parasurgical procedures mentioned in ayurvedic text to treat various medical and surgical illness of female reproductive tract. Agnikarma is one of the para-surgical procedure in which heat is applied to the points in body afflicted by pain using Shalaka i.e., an instrument made up of Panchadhatu. This AgniKarma is original idea of modern cauterization procedure. Various disorders of Asthi (bone), Sandhi (joint), Arsha (Piles), Arbuda (tumour), Bhagandar (Fistula in ano), Sandhigata Vata Vikaras and Gridhrasi (Sciatica) can be treated with the applied aspects of these parasurgical procedures as these procedures are inexpensive, safe, effective. With the help of Anushastra and various Para surgical method we not only cure diseases but also offer benefits of minimal surgical interventions with long term advantages in chronic illness.

**Keywords:** Anushastra ,Agnikarma, jalaukavacharan, Shalaka, Kshara karma.



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#### **IMPORTANCE OF PARASURGICAL PROCEDURE IN AYURVEDA**

##### **ABSTRACT:-**

Sushruta Father Of Surgery Described Para Surgical Procedure As Anushastra Karma. Para Surgical Procedures Are Procedures Performed By Non-Surgical Instruments Hence Called Para Surgical Procedures. Sushruta Has Explained Different Para Surgical Procedures (Anushastra Karma) Like Ksharakarma, Agnikarma, Siravedha Karma And Jalaukavcharan. These Para Surgical Procedures Are Very Helpful To Avoid Surgical Procedures And With The Help Of These Procedures, We Can Avoid Surgical As Well As Anesthetic Complication. These Procedures Are Very Useful In Scared Patients Or Patients With Co-Morbid Condition In Which It Is Difficult To Perform Surgery, Due To This Usefulness In Various Surgical Condition Like Hemorrhoids, Thrombosed External Hemorrhoid, Fissure In Ano, Fistula In Ano, Pilonidal Sinus, Calcaneal Spur, Warts, Arbuda (Tumors), Cellulitis Etc. Para Surgical Procedures Are Useful To Treat These Diseases With Less Chances Of Recurrence. Hence, Para Surgical Procedures Have Great Importance In Ayurveda.

**KEYWORDS:-** Anushastra karma, Ksharkarma, Agnikarma, Jalaukavcharan, Siravedha, Haemorrhoidectomy.

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**Title -- Anushastrakarma as Pain Management Modality -The Concept of  
Acharya Sushruta**

**ABSTRACT**

**Introduction :** Sushruta Samhita the first surgical manuscript of Ayurveda Science accommodates mostly surgical and parasurgical techniques. Simultaneously it is observed that it has a great contribution in pain management also. In the Nidansthan which explains pathophysiology of diseases where the first place dedicated to Vatavyadhi and in that chapter all painful disorders are categorized as per the tissue.i.e. Dhatu involved in the pathophysiology . These painful disorders are named as Twakagat ,Raktagat, Mamsagat, Medogat, Siragat,,Snayugat ,Sandhigat,,Asthisagat, Majjagat, Shukragat . The presenting symptoms of the Dhatu involvement are mostly similar to modern counterpart. While coming to management part it is observed that in Chikitsasthan Treatment explained is Local and general both . Local treatment is indicated for Twakagat ,Raktagat, Mamsagat, Siragat,,Snayugat ,Sandhigat,,Asthisagat painful conditions. Further Treatment protocol is grouped in two parts where Anushastra procedure namely Raktamokshana and Agnikarma is advocated along with other Snehanadi Upakrama .

**Aims and Objectives:** To study Anushastra karma for management of painful conditions as per SushrutaSamhita

**Material and methods:** Sushruta Samhita Nidansthan ,Chikitsasthan

**Observations and results:** Raktamokshana along with other Snehanadi Upakrama is indicated for Twakagat ,Raktagat, Mamsagat, Siragat pathologies. Agnikarma along with other Snehanadi Upakrama is indicated for Snayugat, Sandhigat,Asthisagat pathologies.

**Conclusion:** In this paper Author will try to throw light on Sushruta's concept of painful disorders and explain presenting symptoms as per Dhatu involved and its local management techniques of Anushastra and its practical approach in today's clinical practice .



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**THE ROLE OF KSHARA KARMA IN GARBHASHAYAGRIVAGAT DUSHTA  
VRANA W.S.R TO CERVICAL EROSION – A CASE STUDY**

**ABSTRACT:**

Cervical Erosion Is One Of The Causative Factors For Vaginal Discharge. It Is A Benign Lesion Is Sometimes Much Troublesome Due To Its Chronic Nature And Recurrence. Excessive Vaginal Discharge Is The Most Common Findings Of The Cervical Erosion May Be Due To The Overgrown Or Overactive Cervical Crypts. As Per Ayurveda Classics, Garbhashayagrivagata Dushta Vrana Can Be Correlated With Cervical Erosion. Cauterization And Cryosurgery Are Most Common Treatment For Cervical Erosion In Modern Science To Destruct The Columnar Epithelium And Facilitate The Growth Of New Healthy Stratified Squamous Epithelium. Nevertheless, Because Of Various Side Effect Like Excessive Mucoid Discharge Per Vagina For A Long Time, Sometimes Cervical Stenosis, Accidental Burns, Bleeding And Recurrence Of The Disease May Happen. Hence, The Ayurvedic Management Seems To Be More Practical, Effective, Not Costly, Non-Surgical And Have Negligible Side Effects. In This Study Shamana Chikitsa (Internal Medication), Kshara Karma Followed By Sthanik Chikitsa (External Medication) Found Very Effective To Subside The Cervical Erosion.

**KEYWORDS:** Cervical Erosion, Garbhashayagrivagata Dushta Vrana, Kshara Karma, Shamana (Internal Medication) And Sthanika Chikitsa (External Medication).



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**Scope of Agnikarma in current practices.**

**Abstract :**

Ayurveda is a science of life which has an active role in treating various diseases. Shalya tantra is the surgical discipline in Ayurveda & its uniqueness is that it has dual treatment procedures - i. Shastrakarma - ii. Anushastrakarma. Some diseases are not responded by any other method then Agnikarma is having very good results. The result of agni karma is the noninvasive method of treating surgical diseases in different - vata, j, kapha diseases specially in those patients where non invasive modality of treatment is preferred compared to the surgical method of treatment. Describing agnikarma Chikitsa Sushruta has said that those diseases which are not curable by surgery, kshar karma or medicine [Bhaishaj Karma] can beneficially be treated by agnikarma, such successfully treated diseases have no recurrence or has rare recurrence. Ayurvedic therapeutical management and para surgical measures of Agni karma have offered a wide scope with high expectation such application procedures are simple and considered to be highly simple and considered to be highly effective in the management of different kind of chronic diseases. Efficient pain management has always been a hurdle. A pain-free life is the longing of everyone. In Agnikarma the recurrence of the diseases will not be there if once they are treated and cured by it. This Agnikarma can be utilized as preventive measure, as post-operative procedure, and as a haemostatic manner. Agnikarma technique has effect on disorder of Asthi (bone), Sandhi (joint's), Snayu (ligament and tendon) as told by Vedic Indian surgeon, Sushrutacharya.

**KEYWORDS:** Agnikarma, Cauterization



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**Importance of Parasurgical procedures in Ayurveda**

**Abstract :** Ayurveda is always considered to be oldest science which works in Healing industry. Ayurveda is called as Mother of Healing Science. In Ayurveda Shalyatantra is one of the most important branch. It carries both surgical and parasurgical techniques for great performances.

Parasurgical or Anushastra karmas are the surgical procedures performed by non surgical substances or instruments in absence of surgical instruments. I.e. shastra. As per Acharya Sushruta they can be sphatika, jalauka, agni, kshar, nakha, shak-patra, bala, anguli etc. Out of these Kshar, Agni and Jalauka have most importance. Ksharkarma is useful in various diseases like vrana, nadvrana, bhagandara. Kshar can be used as local application or Paniya kshar. Many times patients are not fit for surgical intervention. Under such condition alternative measure for advancing the surgical result is always preferable. Also patients have mild post operative pain, less bleeding, less hospital stay and very low chance of recurrence. Agnikarma has great importance in treating various types of pain, dushta vrana. When pain is related with joints it is very much intolerable with each movement. It disturbs social, personal and mental life. Many researches till now have proved that Agnikarma plays a vital role in the management of pain related with musculoskeletal system. Jalaukavacharan is very much effective and illustrated treatment option in pain, dushta vrana, various skin diseases. Jalaukavacharan is advised for delicate and weak people

like female patients, old or too young patients. In modern science it was firstly used to get rid of venous congestion after plastic surgery. So to state about importance of parasurgical procedures will be like showing small flame to the Sun. It's our responsibility to give shine to our own science.

**KEYWORDS:** Ksharkarma, Anushastra, shastra, dushta vrana, Agnikarma, Jalaukavacharan



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**Theoretical Review of various concepts in ShalyaTantra in coming era.**

**Abstract :** The Strategy of Ayurveda is based on Your Constitution and Its Inner Balance. Ayurveda places great emphasis on prevention and encourages the maintenance of health through close attention to balance in one's life, right thinking, diet, lifestyle and the use of herbs. Knowledge of Ayurveda enables one to understand how to create this balance of body, mind and consciousness according to one's own individual constitution and how to make lifestyle changes to bring about and maintain this balance. Just as everyone has a unique fingerprint, each person has a particular pattern of energy—an individual combination of physical, mental and emotional characteristics—which comprises their own constitution. This constitution is determined at conception by a number of factors and remains the same throughout one's life. Many factors, both internal and external, act upon us to disturb this balance and are reflected as a change in one's constitution from the balanced state. Examples of these emotional and physical stresses include one's emotional state, diet and food choices, seasons and weather, physical trauma, work and family relationships. Once these factors are understood, one can take appropriate actions to nullify or minimize their effects or eliminate the causes of imbalance and re-establish one's original constitution. Balance is the natural order; imbalance is disorder. Health is order; disease is disorder. Within the body there is a constant interaction between order and disorder. When one understands the nature and structure of disorder, one can re-establish order.

**KEYWORDS-** disorder



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**Kshar Karma in Gynaecology**

**Abstract**

Healthy status of women is very much needed for society. Woman undergoes various physical and psychological changes during her reproductive period and are also prone to various gynaecological problems like white discharge, foul smell discharge, itching at vulval region, burning micturation etc. Kshar Karma is one of the best para-surgical procedures described in Ayurveda. Kshara Karma is said to be superior to any other surgical or parasurgical measures due to its function like chhedya (excision), bhedyā (incision), lekhyā (scrapping) and its effectiveness in difficult regions and diseases of the body and other medicinal properties. Kshar is corrosive in nature despite its saumya guna. It debrides unhealthy tissues in a very gentle manner. It is widely used in hemorrhoids, fistulae, anorectal diseases and wound healing. In Gynaecology, Kshar Karma has been with limited use. Kshara karma is considered as satisfactory approach to treat cervical erosion. There are many researches are available on Kshar application on cervical erosion, genital warts (yoni arsha) and tubal blockage. It can have varied use in different gynaecological disorders and provides safe, effective and a cost- efficient inexpensive, time saving management modality with least adverse effects.

**Key words:** Kshar karma, Gynaecological disorders, cervical erosion, genital warts.

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**TITLE:- PARASURGICAL PROCEDURE IN AYURVEDA RELATED TO  
STREEROGA AND PRASUTITANTRA**

**ABSTRACT:**

Shalya Chikitsa is one of the important branch of Ayurveda. Shalya Tantra possesses great utility for the management of many medical emergencies where minor or major surgical intervention needed. The gynecological problems many times need special surgical interventions therefore it is required to explore the role of Shalya Chikitsa in Prasuti Tantra and Stree Roga. Anushastra Karma or Parasurgical procedures means surgical procedure performed by non-surgical items or in absence of surgical instruments. Acharya Sushruta has described 60 upkrama, 25 upyantra and 14 Anushastra for the management of wound in different conditions. Shasti upkrama includes kshara karma, agni karma and uttar basti etc. Regarding Stree roga Kshar karma, Uttar Basti karma are quite popular due to its excellent result and no adverse effect if followed properly. These parasurgical procedures are simple and no sophisticated instruments, devices, anaesthesia and analgesia is required. Ayurvedic Parasurgical procedures have great role to fight against the chronic infectious and non infectious disease of female genital tract.

**Materials and Methods:** This is a conceptual type of study. Textual materials are used for the study from which various references have been collected. Main Ayurvedic texts used in this study are Charak Samhita, Sushruta Samhita, Ashtang-Sangraha. Commentaries are also included in it. Various online journals, Research papers magazines have been searched from Pubmed and NCBI to collect the valuable related information.

**Key words:** Parasurgical, Shasti upkrama, Anushastra karma, Kshar karma, Uttar Basti karma



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### **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr.No.-22

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#### **Raktamokshana – An Ayurvedic Parasurgical Practice and its Mode of Action**

##### **Abstract:**

Acharya Sushruta, father of Indian surgery, considered rakta (blood) as a fourth dosha, as it is responsible for nourishment of body. Rakta is second dhatu formed in sequence. The main function of Rakta Dhatu is provide life i.e. Jeevan to living beings, any fluctuations i.e. reduction or increase in its quantity may lead to various pathology. There are several surgical and parasurgical procedures, raktamokshan (bloodletting) is one of them. Raktamokshana means letting of blood which is mainly indicated in certain disease state especially when there is raktadushti. Acharya Sushrut has cited that the person who regularly undergoes raktamokshana will not get affected by shopha (inflammation), twak dosha (skin disorders), visarpa , granthi (tumour) etc disorders. Leech therapy (Jalaukavacharana), venesection (Siravedhana), Horn application (Sringa Avacharana), Gourd application (Alabu Avacahrana), Scrapping (Pracchanna Karma), cupping therapy (Ghati Yantra Avacharana) and Needle application (Suchi Avacharana) are sub type of raktamokshan. The aim of this study is to take account of probable mode of action and effect of raktamokshana.

**Key Words** : Raktamokshana, rakta dushti, Jalaukavacharana.



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Sr.No.-23

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**Guide Name:** Dr. Aparna Raut (m.s.shalya tantra samanya) H.O.D of Shalyatantra Samanya department, Shree saptashrungi Ayurved Mahavidyalaya and hospital Nashik.

**Title: -Scope of Raktamokshan - Para surgical procedure in current practices.**

**Abstract: -**

In classical text of Ayurveda, Acharyas emphasize the Shodhana therapy as the line of treatment at various places.

Among these various Shodhana therapy, Raktamokshan is indicated specially because Rakta is mainly involved as Dushya in Samprapti Ghataka.

Raktamokshana therapy which is done for the purification of blood by removing the toxic substances. It is a para-surgical procedure which can cure several disorders if done properly. This method should be scientifically adopted all over the world through the guidelines mentioned in Ayurveda. This procedure is done using Jaloka , Sharp instrument , Sharp needle. Raktamokshana which can be completed within short period of time can avoid skin diseases, blood borne disorders, edema, lymph node enlargement etc. In the present society as there is increase of psychosomatic and stress related diseases there is a need of therapeutic procedure such as Raktamokshana. In Skin disease Raktamokshana by Jaloka (Medical leech therapy)

**Key words:** Ayurveda, Raktamokshana, Para-surgical procedure, Medical leech therapy



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### **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr.No.24

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#### **Title- Effect of Agnikarma and Shuddha Guggulu in the Management of Snayu Vikar w.s.r.Tennies Elbow**

##### **Abstract:**

Tennis elbow is most common insertional tendinopathy of human body resulting due to specific occupations or repeated intensity trauma. overuse of tendons of extensor origin or sudden trauma also leads to Tennis elbow, it is degenerative disorder. On the basis of pathophysiology and symptomatology, it can be considered as Batik Snayu Vikar, but there is no any named disease described in Ayurvedic text. As far as management of tennis elbow is considered, no standard, safest or perfect treatment is available. patients are generally managed conservatively by NSAIDS and physical therapy refractory patients are given steroid injections which have their side-effects in long run. patients who do not respond to injections may also have to go for surgical interventions, which is costly affair and can also lead to various complications like postero- lateral instability of elbow joint. Agnikarma therapy a parasurgical procedure mentioned for the treatment of vatvyadhi and Snayu vikar in the classic of Ayurveda. Agnikarma has been employed for various alignments as a line of treatment. Guggulu was considered agnya dravya for vata. vata is mainly allivate the pain. According to Bhavmishra, Guggulu has anti-inflammatory property, hence helps in decreasing the inflammation over lateral epicondyle. Thus helps in the relief from disease. Agnikarma with shuddha Guggulu provides a better Ayurvedic treatment modality for tennis elbow without any side-effects.

**Keywords-** Agnikarma, Snayu Vikar, Tennis elbow, Shuddha Guggulu





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### **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr.No-25

Dr. Vedshruti Dongre <sup>1\*</sup>, Dr. Rita Makim <sup>2\*</sup>

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Parul Institute of Ayurveda, Parul University, Limda, Vadodara, Gujarat.

#### **Role of Uttar Basti in infertility**

##### **Abstract: -**

*Ayurveda* considers *Vandhyatva* (infertility) as failure to give birth to a baby or experiencing *Garbha Strava* (repeated abortion) or *Mrutvatsa* (still births). The factors such as lifestyle, stress, excessive usage of contraceptives, genetic problems, smoking & drinking habits increases such cases day by day. As per *Ayurveda* *Vandhyatva* occur due to the vitiation of *Vata Dosha* which affects basic constituents of *Garbha* (*Ritu, Kshetra, Ambu & Beej*). *Ayurvedic* classics describe both mental and body purification along with lifestyle management for treating infertility. *Ayurveda* Acharya had mentioned *Shamana* and *Shodhan chikitsa* for the treatment of infertility. *Panchkarma* provides best efficacy because it helps in balancing *Doshas* and *Dushyas*. *Uttarbasti* is one such type of therapy being indicated for infertility. It helps in detoxification of reproductive tract like uterus & fallopian tube. *Uttarbasti* helps in balancing *Vata Dosha* and thus helps in retaining *Garbha*.

**Keywords:** Infertility, *Vandhyatva*, *Garbha*, *Uttarbasti*, *Shodhana*.



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### **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr.No.26  
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G.S.Gune Ayurved College,Ahemadnagar

#### **THE ORETICAL REVIEW OF VARIOUS CONCEPTS IN SHALYATANTRAIN COMING ERA**

##### **Abstract--**

Theretical concepts of Shalyatantra in coming era. Shalyatantra is one the most important branch of Ayurved. Though the concepts explain by acharya sushruta in samhita those are very useful in coming era. Agnikarma, ksharkarma, ksharasutra, Raktmokshan, sterilization were used for different procedures by different ways. The diseases which are treated with agnikarma will never reoccur hence chemotherapy and radiotherapy is nothing but a form of Agnikarma used to treat malignancy. In the same way we give blood to patient in some condition while will do blood letting in rakta dusta vyadhi. Also sushruta sutra sthan acharya mentioned concepts of concent of patient and king before surgery which is still applicable and will remain same for future. Astana vidh shastrakarma, Yantra, shastra is nothing but a good gift to modern science on those basic principles still surgeries are done. we are using ksharasutra in number of diseases to treat and cure completely in which modern science is also fails to cure due to recurrence and its limitation like in high level fistula in pilonidal sinus.

**Key words:** Sushruta Samhita concepts, upcoming days



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### **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr.No-27

Dr.Pallavi Alias Priyanka Raosaheb Patil...

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SMBT AYURVED COLLEGE ,DHAMANGAON.

#### **Concept and Clinical application of Parasurgical procedures mentioned in ayurveda..**

##### **ABSTRACT...**

Shalya tantra is branch of ayurveda which deals with surgical procedures.Parasurgical procedures are also described in ayurveda apart from the ashtavidh shastra karma .Parasurgical procedures are the procedures which are carried out by non surgical instruments or items in the absence of surgical instruments.These parasurgical procedures are also done where surgical procedures cannot be done or in sensitive patients and children.Acharya sushruta in sushrutsanhita sutrasthana described that twaksara (bamboo bark), sphetika, Kancha (led), kurwind, jalauka (leech), agni (flame), kshara(alkali), nakha (nails), goji (Gajawa), shephalika (harshringar leaves), shakapatra (sagaun leaves),karira, bala(hair), anguli (finger) are the anushstras and can be used in Para surgical procedures. Present study is aims to explore parasurgical procedures mentioned in ayurvedic texts .This study is focused on application of parasurgical procedures in different diseases in current era.

**Keywords**=Anushastra, parasurgical procedures.



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### **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr.No-28  
Dr Rushikesh andhare

#### **Topic : scope of Agnikarma in current practices.**

##### **Abstract :**

The purpose of medical science is to provide all human beings with better health. Ayurveda gives many chronic diseases a better outcome. In our ayurvedic text, different procedures are given, in which Agnikarma is described as a significant para surgical procedure. Agnikarma is one of the specialties of Aacharya Shushrut. Every patient needs immediate relief from pain in today's fast lifestyle. Agnikarma is therefore one of the processes that provides such efficient results as the demand for the current scenario. Of all para surgical procedures, Agnikarma is successful and superior since the Agnikarma-treated disease will not recur again. We describe the various modalities of Agnikarma in different types of acute and chronic diseases in this review article.

**Keywords :** Agnikarma, Vidhagnikarma, Sushrut Samhita,



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Sr.No.-29

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**Theoretical Review of various concepts in Shalya Tantra in coming era  
Applied aspects of Sushruta's ethics in evaluation of efficacy of  
Siravyadhana (Blood leeting) in Venous Ulcer case series**

**Abstract-**

Ulceration of the foot is common, disabling and frequently leads to amputation of the leg. Mortality is high and healed ulcers often recur. Venous ulcer are wounds that are thought to occur due to improper functioning of venous valves, mechanical changes in confirmation of the bony architecture of the foot, peripheral neuropathy and atherosclerotic peripheral arterial disease. Its occurrence is 70%-90% of leg Ulcer cases. The risk of lower extremity amputation is 15 to 46 times higher.

*Acharya Susrutha* has given prime importance to the knowledge and management of *vranas*. *Sushruta* have mentioned *visravana* as 9<sup>th</sup> *upakrama* among the *shastiupakramas*. Among the various methods of *raktamokshana*, *Siravyadhana* is selected for this study. It is considered to restore and improve blood circulation to tissues and re-establishes venous drainage. It improves the quantity of oxygen in the circulating blood to optimum level. Also Ethical aspects of *Sushruta samhita* is focused in present case series and worthy in recent surgical era.

**Case series summary-** Patients having complaint of ulcer on foot selected for present study with sample size 40. *Triphala and Mamsarohini kwatham Dhavan* once in a day daily along with *Siravyadhana* twice a week (14 days) after taking written informed consent as explained in *Sushruta samhita*. It is the most efficacious local application for itching and discolouration at foot. *Siravyadhana* found effective in healing Of Venous Ulcer.

**Conclusion-** *Triphala and Mamsarohini kwatham Dhavan* and *Siravyadhana* found effective in healing Of Venous Ulcer within short span of time with good healing, for which billion dollars is spend worldwide in vain. It is easy to prepare.

**Keywords** – *Triphala and Mamsarohini kwatham Dhavan, Siravyadhana, Venous Ulcer*



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Sr.No.-30

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#### **Vishikhanupraves - At a Glance**

**Abstract**--Advancement in digitalization minimized the world and at same speed abnormal thought process in medical students due to false concepts spread by media and film industry of health care system is maximized. Medical Students are backbone of health care system. And all these negatively changing ethical environment massively affecting healthcare system These adverse changes leads to increasing incidences of negligence in health care system and henceforth respect of society towards medical profession is diminishing day by day. In this conceptual study efforts were taken to review responsibilities of medical Students with references to ancient literature explained in Sushruta Samhita in association with duties defined by MUHS while entering in medical profession as a responsible practitioner so as to create ethically healthy volunteers which will support health care system in future for further betterment of healthcare services in society.

**KEYWORDS** : Vishikhanupraves , Responsibilities of Intern Students.



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### **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr No.-31  
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#### **Clinical study of efficacy of Agnikarma in pain management of Avabahuka Abstract—**

Avabahuk is the disease of Ansasandhi and it is one of the 80 vatvyadhis Described by maharshi sushruta.. Prakupita vatdosha does sthansansjraya at the site of shoulder joint giving rise to Avabahuka. Lakshanas of Avabahuk are very similar to disease – Frozen shoulder Now a days because of affected routine and wrong eating habits many people Suffer from such vatvyadhis like Avabahuka This vyadi is long term self limiting Vyadhi which first lakshan is pain and restricted movements and these lakshanas affect there daily working. Modern allopathy treatment affect total body health and can not continue For long term. Maharshi sushruta mentioned that agnikarma chikitsa can be done in asthi sandhi and snayu 's disorders In Avabahuk there is vatdosh dushti janya vyadhi,at the site of ansa sandhi .This article aims to provide clinical study overview on Avabahuk and it's management by agnikarma

**Key words:** Avabahuka, vatvyadhis,pain management,Agnikarma





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**DR MADHAVI S.BANARASE**

(ASSISTANT PROFESSOR, DEPT OF SHALYA TANTRA)

COLLEGE OF AYURVED AND RESEARCH CENTRE, NIGDI, PUNE

**IMPORTANCE OF PARASURGICAL PROCEDURES IN AYURVEDA**

**ABSTRACT**

Shalya tantra is a branch of a Ayurveda which deals with the surgical and parasurgical procedures explained in ancient Indian literatures by various Acharaya's like Maharashi Sushruta, Charaka, Vagbhata etc. Acharya Sushruta described various surgical and parasurgical procedures in their texts. Parasurgical procedures (Anushashastra Karma) is different from all other major Asthavidha Shastrakarmas and minor surgical procedures.

Parasurgical procedure are the procedures in which non-surgical items are used where surgical items like knife, etc are difficult to use. Acharya Sushruta scientifically classified those procedures in scientific manner and explained its uses. Parasurgical procedure includes ksharakarma, Ksharsutra, Agnikarma, Raktamokshana, Jalaukavacharana, Viddha karma etc. Acharya Sushruta explained 15 different types of Anushastras. Those are Twaksara (Bamboo Bark), Spatika, Kancha (glass), Kuruvind, Jalauka (Leeches), Agni (flame), Kshara (Alkali), Nakha (Nails), Goji, Shefalika Shaka-patera, Kareera, Bala (Hair), Anguli (finger). It is indicated in childrens, sensitive or fearful persons and in absence of surgical instruments. These Karmas are minimally invasive. The parasurgical procedures are the marvels of Shalya practice and they can be carried out with minimal discomfort to the patients. It is gaining popularity in modern times because of their effectiveness in treating chronic diseases.

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Sr.No.-33

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**Collaborative approach of *Raktamokshana* with *Kala Vasti* for the management of *Sandhigata Vata* w..s. r. t. Osteoarthritis Knee- A Case Study**

**ABSTRACT--**

**Background:** Osteoarthritis is becoming a burning issue nowadays due to the current fast lifestyle. It is a quite painful condition due to inflammation of musculoskeletal tissues which disables the patient & reduces the productivity of the person hampering the quality of life of the patient adversely. The current established modalities for this common entity offer only symptomatic relief, therefore, it becomes imperative to search some effective modality in alternative sciences **Aim:** The prime aim of this paper to prove the effectiveness of *Jaloukavacharana* along with *Kala Vasti* & *Shamana Chikitsa* to reduce the pain & associated symptoms in Knee Osteoarthritis. **Material & methods:** It is a single case study of 56 years old male patient who was recently diagnosed as the Knee osteoarthritis based on the clinical features & radiological findings. The therapeutic intervention with para-surgical procedure i.e. *Jaloukavacharana* for the instant pain relief along with *Kala Vasti* regime & *Shamana Chikitsa* (*Punarnava Guggulu, Shallaki Forte, Maharasnadi Qwath*) were prescribed him for consecutive 21 days for sustained relief. **Result & Observations:** The pain in right knee joint was subsided completely after two sittings of *Jaloukavacharana* & stiffness, tenderness & swelling were grossly reduced after leech application & became absent after 21 days. Moreover, Radiological findings (X-ray) showed a very encouraging & promising result. **Conclusion:** The Collaborative therapeutic approach using leech application & *Kala Vasti* along with *Shaman Chikitsa* based on their anti-inflammatory, analgesic properties provides the encouraging result for the management of osteoarthritis without causing any adverse event.

**Keywords:** Osteoarthritis, *Sandhigata Vata*, *Jaloukavacharana*, *Kalavasti*, *Shamana Chikitsa*, Radiological finding.

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**Title – Efficacy of *Jalukaavacharana* (leech application) on Arsha Vyadhi (Thrombosed Haemorrhoids)**

**Abstract**

**Introduction:** *Sushruta* has described detailed of, however as lifestyle has been changed significantly and results in *arsha* due to *apathya Ahara vihara*. The diseases of ano-rectal area are the commonest of all the diseases of GI tract. Haemorrhoids may be internal or External. If not treated then it occurs complications such as strangulation, inflammation, thrombosis. Thrombosed piles are most common complication seen which occurs due to high venous pressure which includes severe tenderness, bleeding per rectum, hard stools etc. *Sushruta* has indicated *Visravana* or *Raktamokshana* (bloodletting) in the management of haemorrhoids.

**Aims and Objectives:** To find out Efficacy of *jalukavacharana* in thrombosed Exterointernal piles.

**Materials and Methods:** The patient is selected from Shalyatantra OPD of Mahatma Gandhi Ayurved College and Research Center Salod(H), Wardha, Maharashtra.

**Discussion:** Thrombosed haemorrhoid, Surgery is contraindicated. Hence effective method for the treatment of thrombosed piles as well as to minimize the post-operative complications becomes necessary In thrombosed Piles, *Jaulukaavacharana* can be applied for relieving pain

**Conclusion:** Leech application is found effective in thrombosed piles. Leech therapy is specially indicated in *rakta* vitiated conditions and after drainage of vitiated *rakta* inflammation and pain subsides.

**Keywords:** Arsha, Haemorrhoids, *Jalukaavacharana*, Thrombosed Pile

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Sr.No.-35

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**Title : Analysis of various *Ksharsutras* in the management of Bhagandar  
Abstract**

**Introduction:** *Ksharsutra* is a successful novel drug delivery system emerging as a specialized modality of treatment in the field of surgery in Ayurved especially in treating *Bhagandar*. *Ksharsutra* is distinguished as a medicated seton. *Apamarga Ksharsutra* is considered as the standard *ksharsutra* although this *Apamarga Ksharsutra* has been a landmark success but it has certain drawbacks like pain, burning sensation and itching associated to it during therapy. In order to overcome these disadvantages of *Apamarga ksharsutra* several other *ksharsutra* as well as *ksheersutra* has been prepared by different research scholars. Hence the present review is carried out to study these different types of *Ksharsutra* in the management of *Bhagandar*.

**Aim:** Analysis of various *Ksharsutras* in the management of Bhagandar.

**Methodology:** This study is endeavoured to check the published articles for the materials used in different *ksharsutra* preparation wide in India. The method followed is Net and Book surfing for various materials with key words.

**Results:** During this study 12 different *ksharsutra* preparation were studied. On the basis of the observations gained after accomplishment of the current research work it can be determined that although *Apamarga ksharsutra* has been a landmark success and is an established therapy but has certain drawbacks in order to overcome that other *ksharsutra* were made by the drug available in bulk having *Vranshodhak Vranropaka* and *Shitviriyatmak* properties.

**Conclusions:** From the present research work it can be concluded that all *ksharsutra* have their own benefits and shortcomings and have a need of calibration to overcome them.

**Key words:** *Ksharsutra*, *Bhagandar*, *Apamarga ksharsutra*, *Vranshodhaka*, *Vranropaka Shitviriyatmak*



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## **NATIONAL WEB CONFERENCE on "Para Surgical Procedures New Horizon" 23 & 24 November 2020**

Sr.No.-36

Dr. Shrihas Pagare

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### **Scope for Agnikarma**

**Abstract**--Ayurveda is the everlasting supreme science of medicine because it deals with promotion of health and curing the diseases.

The aim of Medical Science is to provide better health to every human being. To achieve this goal the pathy should be able to eliminate the disease and that to be without any side effects. Ayurveda have shaman and shodhan chikitsa. Variety of medical procedure mentioned in Ayurved samhitas like ksharkarma, lepanam etc. AgniKarma is one of the important procedure described in Ayurveda. In this fast lifestyle patients need instant result on all pain. AgniKarma is one of the fast procedure to reduced vedana (pain). Many samhitas have description of AgniKarma. From meaning to indication, contraindication, its superiority all information included in charak, sushrut, vagbhat samhita. Acharya Dalhana have given explanation regarding the shapes of AgniKarma in his commentary. This AgniKarma is original idea of modern Cauterization procedure. This review article will help to all to gain best knowledge about Agni Karma.



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**THANKS**

All Honorable members, and participants, our most valued invited guests, ladies and gentlemen! It's my privilege to have been asked to propose a vote of thanks on this occasion.

I, on behalf of Our SMBT Educational Trust, SMBT Ayurved college and Department of Shalyatantra and on my own behalf extend a very hearty vote of thanks to all speakers for gracing your important work and sharing with us your findings and opinions in our conference.

A big 'Thank You' to Dr Varshaney sir, for his efforts towards important concepts of Ayurveda which new Generation should keep in mind.

We also would like to acknowledge our gratitude to Dr. Qadri sir for exploring his theory of various experiences of Raktamokshan with its applied aspects.

We must mention our deep sense of appreciation for Dr Solanki sir, for his explanation of Importance of Parasurgical Procedures other than routine procedures and explained by Acharya Sushruta.

Further, we are grateful to Dr. Samudri Sir for demonstrating his Valuable practical experiences with kshar chikitsa, e.g Chronic Tonsillitis.

I like to express our sincere thanks to Dr Badole madam for giving an excellent coverage to Beauty of Agnikarma in a scientific way.

Now, I would like to take this opportunity to place on record our hearty thanks to Our SMBT Educational Trust for the perfect logistic support and guidance and availing opportunity to us.

I also extend my thanks to Our Respected Principal sir, Dr Pradeep Bhabad sir for their enormous cooperation and motivation in the organization of this event.

I am also very grateful to Dr. Yogesh Ushir sir, Principal D. Pharmacy college for giving us full positive support and help in publishing our Scientific Proceeding in his ISSN certified Journal.

Well, ladies and gentlemen, an event like this cannot happen overnight. The wheels start rolling weeks ago. It requires planning and a birds eye for details. We have been fortunate enough to be backed by a team of very motivated and dedicated colleagues of our organization] who know their job and are result oriented. I will like to mention their names here with lots of thank - Mr. Suresh Nagare, Mr.Vaibhav Lohar, Mr.Faizal from our Media department, Mr. Satish Umbarkar for his great help in setting Scientific proceeding, I cannot thank everyone enough for their involvement and their willingness to take on the completion of tasks beyond their comfort zones! Vary on this vote of thank examples till your express motion fits the atmosphere right.

Finally I must thank all the participants, research paper authors. And without my Beautiful and cooperative colleagues, the event was not even dreamed of, so big thank you to them also.

So once again Thank You Very Much!

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